

Central Truth: God Must Be **My Refuge!**

*Psalm 73*

1- Jesus Knows my **Suffering**: Mk. 14:32-41

-Emotional to **Death**: Vv. 33-34     Isaiah 53:1-3

-**Rejected** **Ridiculed** **Mocked** **Betrayed** by Man and **Crushed** by God:

Vv. 36-38 and Isaiah 53:4-6, 10

-Failed by Those Who **Love** Him:     Vv. 37-38, 40, 41.     Hebrews 4:14-16

*What Do I Do With My Pain? Psalm 34:4-18*

2- **Prayer** Must Be My Anchor:

-Anchored in **Real** Prayer: Vv. 37-38

-Anchored in **Knowledge**: Vv. 36

-Anchored in **Trust**: Vv. 36, Rom. 8:28-32

-Anchored With **Others**: Vv. 33-38

Heb. 10:23-25 – *This Moment is not Forever!*

Hebrews 6:17-20

*What Are My Anchors?*